



Office Use only: Date Rec'd _____

Helping with Horsepower at Reclamation-Ranch LLC
40787 259th St Mitchell, SD 57301 605-770-2867

www.helpingwithhorsepower.com crystal@helpingwithhorsepower.com

PARTICIPANT APPLICATION

Applicant Name: _____

Height: _____ Weight: _____ Date of Birth: ____/____/____ Age _____

Parent/Legal Guardian: _____

Address: _____

City: _____ State: _____ Zip Code: _____ Phone: _____

Please describe previous Horse experience:

Parent & Participant Goals during session

Email _____ Providing my email address allows HwH/R-R to send me appointment confirmations, program news, updates, information, and etc. This email shall remain the property of HWH and R-R and will not be sold or given to any third parties.

_____ & _____ I do give permission to Helping with Horsepower at Reclamation-Ranch/Crystal Young to take and use photos for marketing/advertising purposes. **(Parent/Guardian & participant initial) Please wear farm/barn clothing and boots if not, closed toe and heel-less shoes. EACH LESSON LASTS 90 mins**

I hereby release Helping with Horsepower (hereinafter referred to as HwH) and Reclamation-Ranch, Crystal Young at 40787 259th St, Mitchell, SD (hereinafter referred to as R-R), Riding instructors/trainers, workers and volunteers from all liability for any act of negligence or want of ordinary care on the part of HwH, R-R, or any of its manager, agents, employees, officers, directors, members, therapists, instructors, or contractors. In consideration of my participation in events organized or sponsored by Helping with Horsepower at Reclamation-Ranch, I waive, release, and discharge HwH, R-R, independent instructors and their employees, volunteers, working students, contractors, directors, officers, agents, members, representatives, heirs, executors, and assigns from any and all claims of liability for injury or damage to myself, my participant, or property arising out of my or my child's participation. This agreement is binding upon my executors, heirs, and assigns. I acknowledge that I have been given the opportunity to ask questions regarding any aspect of the release contained herein, and by signing below, do acknowledge that I have carefully and completely read and fully understand all aspects of the release and agree to these terms in their entirety. I understand the risks of participating in equine related activities and I acknowledge HwH, R-R and its staff have provided the necessary safety information and items to prevent injury. Having been so apprised, I hereby elect to and do assume all of the risk for claims heretofore or hereafter arising known or unknown, from this release and from my participation.

Parent/Guardian:

Print _____ Date: _____

Sign: _____

To be completed by participant: MHQoL Survey

Name: _____ Date: _____ Age: _____

Please indicate below which statements best describe your situation TODAY by ticking ONE box in each of the seven subjects.

SELF-IMAGE

I think very positively about myself

I think positively about myself

I think negatively about myself

I think very negatively about myself

INDEPENDENCE For example: freedom of choice, financial, co-decision making

I am very satisfied with my level of independence

I am satisfied with my level of independence

I am dissatisfied with my level of independence

I am very dissatisfied with my level of independence

MOOD

I do not feel anxious, gloomy, or depressed

I feel a little anxious, gloomy, or depressed

I feel anxious, gloomy, or depressed

I feel very anxious, gloomy, or depressed

RELATIONSHIPS For example: partner, children, family, friends

I am very satisfied with my relationships

I am satisfied with my relationships

I am dissatisfied with my relationships

I am very dissatisfied with my relationships

(Continued on the next page.)

DAILY ACTIVITIES For example: work, study, household, leisure activities

I am very satisfied with my daily activities

I am satisfied with my daily activities

I am dissatisfied with my daily activities

I am very dissatisfied with my daily activities

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At the end of your 6 week participation, we will revisit this list and discuss changes, improvements or increased issues/ concerns.



September 5th, 2024

On behalf of the Helping with Horsepower team, we Thank You for your participation in the At-Risk Youth Equine Program at Reclamation-Ranch.

Your participation in our 6 week equine program is important. We appreciate your punctuality and commitment to the dates and times you schedule.

Please use the west driveway and park facing the north. Participants can be dropped off 15 minutes prior to their appointment. Sessions are 90 minutes in length. It takes about 15 minutes to make it out to the ranch from anywhere in Mitchell. **Please make sure transportation is arranged and travel time accounted for.** We send Google Calendar invites for sessions, please respond to those sessions as they will be added to your calendar. We also suggest setting a reminder for yourself on your calendar or an alarm. Boots are available if needed. Wear "farm" worthy clothing.

No Show/Cancellation Policy

- We want to accommodate as many participants as we can and respect your time and hope to receive the same in return. Therefore, we do require a 3-hour notice if you are unable to make your scheduled lesson and will give you the same notice if we need to cancel or reschedule as well. **Crystal's # is 605-770-2867, call her when scheduling issues arise.**
- Your first "No call/ No show" will be rescheduled without penalty.
- After 2 "No show/no calls", any missed sessions will be forfeited and resulting in termination of program participation.
- When temperatures are below 15° or above 90° - we will contact you to reschedule or will need to cancel for everyone's safety.

We are aware that emergency situations can occur and will do our best to accommodate.

By Signing Below you agree to the above listed conditions. If you disagree, please contact Crystal and modifications or other arrangements will be made.

Participant Print and Signature: _____

Phone #: _____ Date: _____

Parent Print and Signature: _____

Phone #: _____ Date: _____

"There is something about the outside of a horse that is good for the inside of a man." Winston S. Churchill

Helping with Horsepower at Reclamation-Ranch
Crystal Young, Executive Director
crystal@helpingwithhorsepower.com (605) 770-2867
40787 259th St. Mitchell, SD 57301

Session 1: _____
Session 2: _____
Session 3: _____
Session 4: _____
Session 5: _____
Session 6: _____
No Show: _____