

Meet Shannon!

Shannon has been with Helping with Horsepower since 2015. She started as a volunteer and then moved on to become an instructor before accepting a board position. “What drew me to Helping with Horsepower is the therapeutic riding and the opportunity to help people fulfill their goals, empower them, and build their confidence. I had volunteered for a program in Minnesota previously and jumped at the opportunity to join Helping with Horsepower as a volunteer and am thankful to be able to have expanded into instructorship and the board.”

Shannon has owned horses her entire life, getting her first horse, when she was five years old, a pony named Penny! After experiencing trauma as a young girl, she understands how important a horse can be and how much help it can help to overcome life’s challenges. She has worked for her current employer since 2004, where she is a Senior Project Manager for a software development company managing large \$500,000+ to small & It \$250,000 projects. Prior to her current position, she worked for the same organization as a training specialist training customers on the software her company developed and later became the training manager prior to wanting to explore the project management world. “As our organization develops software for the governance risk and compliance industry, I have experience in each of those domains, and bring that experience to the Helping with Horsepower foundation and board.”