



OUR MISSION

The mission of the our program is to:

Assist individuals with special needs in reaching their full potential through interaction with horses.

Our team received certification through SpiritHorse International and launched this Equine Assisted Healthcare Program in Mitchell, South Dakota in 2010, and we have grown since!

BENEFITS.

In a natural environment, HWH's equine-assisted therapy is an organic combination of speech, physical, and relationship-building therapy.

This therapy builds a variety of skills:

- Balance and coordination
- Flexibility and core muscle strength
- Sequencing
- Speech and communication
- Self-esteem and self-confidence

Our goals include addressing each rider's individual needs and working WITH the client's parents/guardians, contributing therapists, and doctors to achieve his or her goals. As clients move through our Equine Assisted Healthcare Program, progress is measured according to the mastery of steps. The program is relevant for over 150 disabilities as well as at-risk youth, victims of abuse, and veterans.



WHAT TO EXPECT

FOCUS.

Strong focus is placed on building independence, and clients assist, to the best of their ability, in all areas of preparation and horse care: **leading, grooming, putting on and removing equipment before and after their ride.** This develops a sense of self-sufficiency, accomplishment, as well as sequencing and speech skills. During the mounted portion, instructors lead the client through our program which utilizes movements and activities on the horse to develop rhythm and balance, and stimulate brain activity that actually works as effective intervention for the deficits of disabilities.

SESSIONS.

Clients come for private, one hour sessions each week, with a designated horse and instructor. Long pants and closed toe shoes are required. We provide a helmet for the riding portion of the session. Parents/caregivers are encouraged to assist. There is no age limit.

FEES.

The fees for services are based on ability to pay, and we will work with you individually to determine how to get you/your child started. We are happy to provide these services to your family through our non-profit organization, allowing us to receive donations, grants, and scholarships in order to serve as many children and adults as possible.



APPLY TODAY!

Email laura@helpingwithhorsepower.com

or reclamationranch@gmail.com

or download application: HelpingWithHorsepower.com



Reclamation-Ranch

The Helping With Horsepower™ Therapeutic Riding Program operates through partnership with and under the direction of **Crystal Young** at Reclamation-Ranch. Facilities include an indoor arena and outdoor riding areas.

Phone: (605) 770-2867 | Reclamation-Ranch.com

Address: 40787 259th Street, Mitchell, SD 57301



HELPING *with* HORSEPOWER™

Founded by **Laura Klock**, Helping with Horsepower™, is a 501(c)3 Non-Profit Organization that designs and implements volunteer programs that empower and encourage. Besides the Therapeutic Riding Program, HWH has developed several programs that have shown proven results, including the Nationally recognized Helping with Horsepower™ Bike Rebuild Program. Donations are tax deductible.

Phone: (605) 999-9824 | HelpingWithHorsepower.com

Office: 41053 265th St., Ethan, SD 57334



OUR INSTRUCTORS.

After volunteering for one full season, an individual can apply for instructor training. Once accepted, they are required to attend training that is provided by Helping With Horsepower, free of charge.

OUR VOLUNTEERS.

We could not serve the people we do without our volunteers. We are so thankful for each one of them! And, you can help too! No horse experience necessary. There are a variety of opportunities to help around the ranch. But, what we count on the most to offer the private sessions is our sidewalkers. We offer free volunteer training to be sure you are confident in the ability to assist the instructors during a session. There are session incentives that include FREE riding lessons for YOU. And, you also get paid in hugs and smiles! Our Volunteers love to share our success stories, just like we do. It's a very personally fulfilling opportunity. Just fill out our Volunteer application, tell us when you are available for sessions, and let's get you on our team! (background check required.)



We need YOU! **30** Volunteers are needed to run our program and assist with private lessons!

REQUEST AN APPLICATION.

Email reclamationranch@gmail.com

or download online: HelpingWithHorsepower.com



Reclamation-Ranch

Address: 40787 259th Street, Mitchell, SD 57301
Helping with Horsepower™, is a 501(c)3 Non-Profit Organization. Donations are tax deductible.

ASK US ABOUT OUR NEW PROGRAM FOR VETERANS AND TRAUMA SURVIVORS:



HEROES HELPING with HORSEPOWER™

HWH Therapeutic Riding Program at Reclamation-Ranch serves people with over 150 disabilities as well as at-risk youth, victims of abuse, and veterans. No age limit!

Learn more and download applications:

HelpingWithHorsepower.com
Reclamation-Ranch.com

HELPING *with* HORSEPOWER™

at
Reclamation-Ranch

Helping people reach their full potential

through interaction with horses.